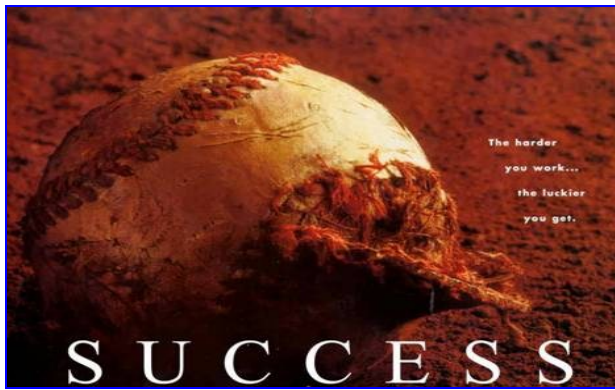




TFC is proud to combine our fitness training and expertise with Doyle Baseball from Winter Haven, Florida. Doyle is yet another top rated training service being offered from our TFC family to yours.

Todd Stinson, our Athletics Director at TFC on Three Springs Rd., is a level 1 instructor & a regional director with Doyle. Todd has 30 years of teaching experience in all aspects of the game and has worked with several thousand players and coaches from this area as well as across the country.

TFC and Doyle Baseball find family extremely important in today's world. Three basic provisions of family are **DIRECTION**, **CORRECTION** and **PROTECTION**. We provide youth with Direction in the fundamentals of baseball and developing a positive attitude towards life. Correction is given in baseball skills and attitude. Protection is given with the safest environment and facilities possible. We thank you for taking training serious



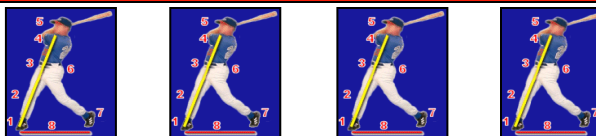
### WEEKLY TRAINING & INSTRUCTION

Each week players will participate in training sessions with a qualified Doyle instructor. All Doyle staff members go thru systems training every year for specific Doyle programs & curriculums. Various skills will be taught in hitting, fielding, and throwing. Pitching, catching, base running, and position play will also be taught upon request. Parents can relax on our observation deck while sipping on one of our homemade smoothies or exercise in the fitness facility on our strength training or cardio equipment. Ask about proper equipment use at the front desk or our pro shop. Whether you are working out, or training for baseball or softball TFC is today's one stop shop for all of your training needs. **Total Fitness Connection...**

**Today's professional training for tomorrow's professional athlete.**



**Todd Stinson**  
Athletics Supervisor  
Level 1 Instructor & Regional Director



**FAST PITCH TRAINING WITH**  
**Laura Creek**  
2007 & 2008 ALLI DISTRICT  
2008 & 2009 ALL 4th REGION  
2008 & 2009 East - West Allstar  
College - Campbellsville University

**FASTPITCH PITCHING DAYS & TIMES**  
**TRAINING SCHEDULE**  
Mon. - Wed. - Fri. 3pm - 9pm  
**Saturdays & Sundays available by appointment.**  
1 PLAYER - 2 PLAYER - 3 PLAYER - 4 PLAYER

**HITTING LESSON DAYS & TIMES**  
Tuesday - Saturday 2pm - 9pm  
**Saturdays & Sundays available by appointment.**

**TYPES OF TRAINING OFFERED**

1 on 1/ 30min	1on1/ hr.
<u>Group</u> 3-4 players	<u>Team</u> 5-8 players

**Ask about 8 plus team package.**  
**Ask about our Sports Enhancement Combo Packages.**

We have combo options to give your player the avenue for strength, speed and agility training in combination with Doyle Baseball training as well. TFC members receive an additional 20% off per player. Fees range from \$25/hr. to \$65/hr. for 1 on 1 & multi-player options. Contact us for a **FREE** consultation.

**CAGE RENTAL**  
Cage with machine 1 hour \$40 / without \$30  
**Contact us: [www.totalfitnessconnection.com](http://www.totalfitnessconnection.com)**  
**Jason Bartlett: [jbartlett@totalfitnessconnection.com](mailto:jbartlett@totalfitnessconnection.com)**

## Meet Our Certified Doyle Staff

### Head Coordinator



Jason Bartlett

2 Time ALL District 1990-1991

2 Time ALL State 1990-1991

Lindsey Wilson 1992-1995

Level 2A Instructor Doyle Academy



Mo Burgess

HS State Champ 1997 & 1998

SW Oregon Community College

Clackamas Community College

WKU 2004-2005

Level 1 instructor Doyle Academy



Laura Creek

2007 & 2008 ALL DISTRICT

2008 & 2009 ALL 4th REGION

2008 & 2009 East - West All Star

College - Campbellsville University



# Sign Up Now!



542 Three Springs Rd  
Bowling Green, KY 42104

270.782.3503

EXT. 105



## Doyle Baseball Graduates

**Robby Thompson**

**Derek Bell**

**Jody Reed**

**J.D. Drew**

**Tony Grafanino**

**Charles Johnson**

**Paul Kilgus**

**Mike Kolplove**

**Paul Konerko**

**Marc Kroon**

**Derek Lee**

**Gary Sheffield**

**Alex Rodriguez**

**Walt Weiss**

Bringing You  
Baseball & Softball  
Training at  
IT'S FINEST!



[www.totalfitnessconnection.com](http://www.totalfitnessconnection.com)

